



Australian Shukokai Karate

M: 0424 117 005

MONDAY	BEGINNER 4:45 - 5:30PM Warriors 8 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	SENIOR 6:15 - 7:30PM 14 + Years (Elite)	SENIOR 7:30 - 8:30PM 15 + Years (Open)
	INTER / ADVANCED 4:45 - 5:30PM 9 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	INTER / ADVANCED 6:15 - 7:00PM Juniors 9 - 14 Years	
TUESDAY	INTER / ADVANCED 4:45 - 5:30PM 9 Years & Under	INTER / ADVANCED 5:30 - 6:15PM Juniors 9 - 14 Years	SENIOR 6:15 - 7:30PM 14 + Years (Elite)	SENIOR 7:30 - 8:30PM 15 + Years (Open)
	BEGINNER 4:45 - 5:30PM Warriors 8 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	INTER / ADVANCED 6:15 - 7:00PM Juniors 9 - 14 Years	SENIOR 7:00 - 8:00PM 15 + Years (Open)
WEDNESDAY	BEGINNER 4:45 - 5:30PM Warriors 8 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	INTER / ADVANCED 6:15 - 7:00PM Juniors 9 - 14 Years	SENIOR 7:00 - 8:00PM 15 + Years (Open)
	INTER / ADVANCED 4:45 - 5:30PM 9 Years & Under	INTER / ADVANCED 5:30 - 6:15PM Juniors 9 - 14 Years	SENIOR 6:15 - 7:30PM 14 + Years (Elite)	SENIOR 7:30 - 8:30PM 15 + Years (Open)
THURSDAY	BEGINNER 4:45 - 5:30PM Warriors 8 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	INTER / ADVANCED 6:15 - 7:00PM Juniors 9 - 14 Years	SENIOR 7:00 - 8:00PM 15 + Years (Open)
	INTER / ADVANCED 4:45 - 5:30PM 9 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	INTER / ADVANCED 6:15 - 7:00PM Juniors 9 - 14 Years	
FRIDAY	BEGINNER 4:45 - 5:30PM Warriors 8 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	INTER / ADVANCED 6:15 - 7:00PM Juniors 9 - 14 Years	
	INTER / ADVANCED 4:45 - 5:30PM 9 Years & Under	BEG / INTER 5:30 - 6:15PM Juniors 9 - 14 Years	INTER / ADVANCED 6:15 - 7:00PM Juniors 9 - 14 Years	
SATURDAY	BEG / INTER 9:00 - 9:45AM Juniors 9 - 14 Years	BEGINNER 9:45 - 10:30AM Warriors 8 Years + Under		